PARTICIPATION IN THE LORD’S SUPPER

What is the Lord’s Supper?

1. It is a sacrament instituted by Christ.
2. It is a sign that represents the crucified body and shed blood of Christ.
3. It is a seal that confirms the reality of real communion with Christ by his Spirit and through faith.
4. It is a means of grace by which God feeds us with the crucified, resurrected, exalted Christ.
   a. It is not a re-sacrificing of Christ, but a remembrance of his once-for-all sacrifice for our sins.
   b. It is not a mere memorial of Christ’s sacrifice, but real communion with our risen Savior.
5. It is a renewal of his covenant where he strengthens us in our warfare against sin and calls us to deeper gratitude for our salvation.
6. It is a bond and pledge of the communion that believers have with each other as members of his body.
7. It is an anticipation of the consummation of the ages, when Christ returns to gather all his redeemed people at the marriage feast of the Lamb.

Who is invited to participate?

1. A person who has received and is resting upon Christ alone for salvation as he is offered in the gospel.
2. A person who has been baptized.
3. A person who is a professing communicant member in good standing in a church that professes the gospel of God's free grace in Jesus Christ.
4. A person who lives penitently and seeks to walk in godliness before the Lord.

Note: Sovereign Grace OPC uses leavened bread and grape juice.