

PARTICIPATION IN THE LORD'S SUPPER

What is the Lord's Supper?

1. It is a *sacrament* instituted by Christ.
2. It is a *sign* that represents the crucified body and shed blood of Christ.
3. It is a *seal* that confirms the reality of real communion with Christ by his Spirit and through faith.
4. It is a *means of grace* by which God feeds us with the crucified, resurrected, exalted Christ.
 - a. It is not a re-sacrificing of Christ, but a remembrance of his once-for-all sacrifice for our sins.
 - b. It is not a mere memorial of Christ's sacrifice, but real communion with our risen Savior.
5. It is a *renewal* of his covenant where he strengthens us in our warfare against sin and calls us to deeper gratitude for our salvation.
6. It is a *bond and pledge* of the communion that believers have with each other as members of his body.
7. It is an *anticipation* of the consummation of the ages, when Christ returns to gather all his redeemed people at the marriage feast of the Lamb.

Who is invited to participate?

1. A person who has received and is resting upon Christ alone for salvation as he is offered in the gospel.
2. A person who has been baptized.
3. A person who is a professing communicant member in good standing in a church that professes the gospel of God's free grace in Jesus Christ.
4. A person who lives penitently and seeks to walk in godliness before the Lord.

Note: Sovereign Grace OPC uses leavened bread and grape juice.